

COLUMBUS CHURCH OF CHRIST



FAITH AT HOME

— BUILDING STRONG FAMILIES —

Progressive Date Night

Best Use

A date night discussion guide for a husband and wife to enjoy a “progressive meal” together to celebrate the past, evaluate how their marriage is currently going and dream about the future.

Advance Preparation

Plan a date that involves three locations—one for an appetizer/salad, one for a main course, and one to enjoy dessert or coffee together. This could be as elaborate as three different restaurants or as simple as three different rooms in the house.

Location #1: Appetizer/Past

Spend some time reminiscing about the beginning of your relationship:

1. The first time you met...
2. One of the qualities that first drew you to each other...
3. Funniest memory together...
4. Favorite memory from your wedding...

Location #2 Main Course/Present

God desires for marriage to be a picture of the Gospel-the loving relationship between Christ and His Church. How well is your marriage presently modeling the Gospel to one another, family, and friends? With 5 as the highest score, each spouse rate how you feel your marriage reflects each of the following qualities...

Love and Respect	5	4	3	2	1
Forgiveness and Grace	5	4	3	2	1
Submission and Service	5	4	3	2	1
Sacrifice and Giving	5	4	3	2	1
Joy and Hope	5	4	3	2	1
Humility and Selflessness	5	4	3	2	1

Offer one idea of how you can help improve a low scoring category.

Location #3 Coffee or Dessert/Future

Finish your evening by dreaming together for your future.

Pick two ways you want to intentionally grow together.

- Pray together at least twice a week.
- Go on a date night to connect twice a month.
- Memorize a Bible verse together.
- Start a marriage bible study together.
- Listen to a sermon online and talk about it.
- Weekly discuss one thing God is teaching you through his Word.
- Find a place to serve together.

Share something you've never done but would love to experience together in the future.